

## **Connect Group notes**

### **One step beyond - Week 3 - Steps towards life-altering change**

#### **Start talking....**

*What are some of the biggest steps of change you've ever taken in your life?*

#### **Start discussing...**

Read Acts 3 v. 1-10.

- What actually happens in this story?
- What are some of the stand out moments in this story for you?
- What are some of the lessons we could learn from this story?

On Sunday we spoke about 3 areas where life-altering change can happen not just FOR you but THROUGH you and for others.....

Look at each one in turn and open up discussion...

#### **#1 - Grab your thoughts early**

Read 2 Corinthians 10 v.5

- Why is this so hard to do at times?
- Why is it so important?

#### **#2 - Use your words intentionally**

Read Proverbs 18 v.21

- What do you see in society right now that prove the truth of this verse?
- How can we use our words intentionally to bring life to others?

#### **#3 - Pray your prayers specifically and expectantly**

Read Mark 10 v. 46-52

- What stands out to you from this story?
- What can we learn about being specific and expectant?

#### **Start applying...**

Consider the 3 questions used Sunday for application....

- What are your strongest thoughts that you need to grab early?
- In what ways can you plant seeds not shoot bullets this week?
- What specific prayer do you need to pray right now?

#### **Start praying...**

Invite people to pick one application question then pray into their response.

Let's hold each other to account for our growth, let's take some steps towards life-altering change not just for us but for others and ultimately for God!

#### **Going deeper....**

Take the first point...Grab your thoughts early.....

Look at the following scriptures and dig a little deeper into this issue, **think about what you think about!**

Romans 12 v.1-2 - Phil. 4 v.8 - Eph. 4 v.22-24 - 2 Cor. 4 v.4